



A Sexual Risk Avoidance program

Circle True or False

- T / F 1. All of the services at Clarity are free and confidential.
- T / F 2. Sexual abstinence means refraining from ALL sexual activity including oral sex, anal sex, mutual masturbation, and sexual intercourse.
- T / F 3. The only 100% form of birth control is sexual abstinence.
- T / F 4. The only 100% form of preventing Sexually Transmitted Diseases and Sexually Transmitted Infection is sexual abstinence.
- T / F 5. Sex can be made completely "safe" by using a condom.
- T / F 6. Statistics show that most American teens are sexually active.
- T / F 7. My sexual decisions and actions today will most likely affect the rest of my life.
- T / F 8. Studies show that married people generally live longer, make more money, suffer less from suicide and depression and find more pleasure in their sexual relationships.
- T / F 9. The United States has the highest teen pregnancy rate of any industrialized country.
- T / F 10. Approximately 250,000 teens became pregnant in 2014 in the United States.
- T / F 11. One in ten Americans have a Sexually Transmitted Disease.
- T / F 12. Approximately half of all new Sexually Transmitted Infection occurs in those under the age of 25.
- T / F 13. Bacterial Infections which are sexually transmitted are not curable.
- T / F 14. You may have a Sexually Transmitted Infection and not have symptoms.
- T / F 15. The consequences of sex are strictly physical.

COMPLETE THE WHOLE PERSON CIRCLE as illustrated below



Multiple Choice/ circle the correct answer:

20. When used typically, condoms are approximately \_\_\_\_\_ effective in preventing pregnancy.

- a) 50%      b) 75%      c) 82%      d) 99%

21. Clarity offers all of these services EXCEPT:

- a) Free pregnancy tests      b) Free peer counseling  
c) Judgmental attitudes      d) Free ultrasound

22. Which Sexually Transmitted Disease (STD) may cause certain strains of cancer in the mouth, tongue, throat, reproductive organs and/or anus?

- a) Chlamydia      b) Herpes Simplex II  
c) HIV/AIDS      d) HPV (Human Papilloma Virus)

23. Which of the following is **not** a way to express love to another?

- a) Act/be jealous of him/her hanging out with their friends  
b) Make him/her something of sentimental value  
c) Attend his/her sporting event, concert, etc.  
d) Spend time getting to know his/her family and/or friends

24. When a teenager is faced with an unplanned pregnancy, which one of the following decisions may cause him/her distress?

- a) Parenting      b) Creating an adoption plan  
c) Abortion      d) All of the above

25. Movies and television shows give accurate information about sexual consequences:

- a) all the time      b) rarely  
c) most of the time      d) never

Answer key:

1. True
2. True
3. True
4. True
5. False – Abstinence is the only 100% safe form of birth control and/or STI/STD avoidance
6. False – Most American teens are NOT sexually active
7. True
8. True
9. True
10. True
11. False – approximately one in three Americans have an STI/STD
12. True
13. False – Bacterial STI's may be curable
14. True
15. False – The consequences of sexual activity affect the whole person
16. – 19. (Listed clockwise) Emotional, Mental, Ethical, Social
20. C
21. C
22. D
23. A
24. D
25. B