

SEXUAL RISK AVOIDANCE EDUCATION PROGRAM (SRAE)

Participant Exit Survey 6th Grade

Thank you for your help with this important study. This survey includes questions about your family, friends, school, and also your attitudes and behaviors. Your name will not be on the survey and your responses will remain private to the extent permitted by law. We want you to know that:

1. Your participation in this survey is voluntary.
2. We hope that you will answer all of the questions, but you may skip any questions you do not wish to answer.
3. The answers you give will be kept private to the extent permitted by law.

General Instructions

PLEASE READ EACH QUESTION CAREFULLY: There are different ways to answer the questions in this survey. It is important that you follow the instructions when answering each kind of question.

Please answer the following questions as best you can. This first set of questions are about you.

1. How old are you?

- 10
- 11
- 12
- 13
- 14
- 15
- 16

2. What grade are you in? (If you are currently on vacation or in summer school, indicate the grade you will be in when you go back to school.)

- 5th
- 6th

- 7th
- 8th
- 9th
- My school does not assign grade levels
- I am not currently enrolled in school

3. When you are at home or with your family, what language or languages do you usually speak? MARK ALL THAT APPLY

- English
- Spanish
- Other (please specify)

4. Are you Hispanic or Latino?

- Yes
- No

5. What is your race? MARK ALL THAT APPLY

- American Indian or Alaska Native
- Asian
- Black or African American
- Native Hawaiian or Other Pacific Islander
- White or Caucasian
- Other (please specify)

6. What is your sex?

- Male
- Female

7. Are you currently...? MARK ALL THAT APPLY

- Living with family [parent(s), guardian, grandparents, or other relatives]
- In foster care, living with a family
- In foster care, living in a group home
- Couch surfing or moving from home to home

- Living outside, in a tent city or homeless camp, in a car, in an abandoned vehicle or in an abandoned building
- Staying in an emergency shelter or transitional living program
- Staying in a hotel or motel
- In juvenile detention center, juvenile group home, and/or under the supervision of a probation officer
- None of the above

For questions 8 – 12, please think about how the program you just completed has affected you, even if your program did not cover the topic.

8. Has being in the program made you more likely, about the same, or less likely to...

(Note: If the program has not affected your likelihood to do any of the following, choose “About the same.”)

a. make decisions to not drink alcohol?

- Much more likely
- Somewhat more likely
- About the same
- Somewhat less likely
- Much less likely

b. make decisions to not smoke cigarettes or cigar products (cigars, cigarillos, or little cigars)?

- Much more likely
- Somewhat more likely
- About the same
- Somewhat less likely
- Much less likely

c. make decisions to not use other tobacco products (such as chewing tobacco, snuff, dip, or snus)?

- Much more likely
- Somewhat more likely

- About the same
- Somewhat less likely
- Much less likely

d. make decisions to not use electronic vapor products (such as JUUL, Vuse, MarkTen, and blu)? (electronic vapor products include e-cigarettes, vapes, vape pens, e-cigars, hookahs, hookah pens, and mods)

- Much more likely
- Somewhat more likely
- About the same
- Somewhat less likely
- Much less likely

e. make decisions to not use marijuana (also called pot, weed, or cannabis)?

- Much more likely
- Somewhat more likely
- About the same
- Somewhat less likely
- Much less likely

f. make decisions to not take prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it?

- Much more likely
- Somewhat more likely
- About the same
- Somewhat less likely
- Much less likely

9. Has being in the program made you more likely, about the same, or less likely to...

(Note: If the program has not affected your likelihood to do the following, choose "About the same.")

a. resist or say no to peer pressure?

- Much more likely
- Somewhat more likely
- About the same
- Somewhat less likely
- Much less likely

b. manage your emotions in healthy ways (for example, ways that are not hurtful to you or others)?

- Much more likely
- Somewhat more likely
- About the same
- Somewhat less likely
- Much less likely

c. think about the consequences before making a decision?

- Much more likely
- Somewhat more likely
- About the same
- Somewhat less likely
- Much less likely

d. talk with my parent, guardian, or caregiver about sex?

- Much more likely
- Somewhat more likely
- About the same
- Somewhat less likely
- Much less likely

10. Has being in the program made you more likely, about the same, or less likely to...

(Note: If the program has not affected your likelihood to do the following, choose “About the same”.)

a. make plans to reach your goals?

- Much more likely
- Somewhat more likely
- About the same
- Somewhat less likely
- Much less likely

b. care about doing well in school?

- Much more likely
- Somewhat more likely
- About the same
- Somewhat less likely
- Much less likely

11. Has being in the program made you more likely, about the same, or less likely to...

(Note: If the program has not affected your likelihood to do the following, choose “About the same.”)

a. better understand what makes a relationship healthy?

- Much more likely
- Somewhat more likely
- About the same
- Somewhat less likely
- Much less likely

b. resist or say no to someone if they pressure you to participate in acts, such as kissing, touching private parts, or sex?

- Much more likely
- Somewhat more likely
- About the same
- Somewhat less likely
- Much less likely

c. talk to a trusted person/adult (for example, a family member, teacher, counselor, coach, etc.) if someone makes you uncomfortable, hurts you, or pressures you to do things you don't want to do?

- Much more likely
- Somewhat more likely
- About the same
- Somewhat less likely
- Much less likely

12. Has being in the program made you more likely, about the same, or less likely to...

a. plan to delay having sexual intercourse until you graduate high school or receive your GED

- Much more likely
- Somewhat more likely
- About the same
- Somewhat less likely
- Much less likely

b. plan to delay having sexual intercourse until you graduate college or complete another education or training program

- Much more likely
- Somewhat more likely
- About the same
- Somewhat less likely
- Much less likely

c. plan to delay having sexual intercourse until you are married

- Much more likely
- Somewhat more likely
- About the same
- Somewhat less likely
- Much less likely

d. plan to be married before you have a child

- Much more likely
- Somewhat more likely
- About the same
- Somewhat less likely
- Much less likely

e. plan to have a steady full-time job before you get married

- Much more likely
- Somewhat more likely
- About the same
- Somewhat less likely
- Much less likely

f. plan to have a steady full-time job before you have a child

- Much more likely
- Somewhat more likely
- About the same
- Somewhat less likely
- Much less likely

The next questions ask you about your experiences in the program that you just completed. Think about all of the sessions or classes of the program that you attended.

13. Even if you didn't attend all of the sessions or classes in this program, how often in this program...

a. did you feel interested in program sessions and classes?

- All of the Time
- Most of the Time
- Some of the Time
- None of the Time

b. did you feel the material presented was clear?

- All of the Time
- Most of the Time
- Some of the Time
- None of the Time

c. did discussions or activities help you to learn program lessons?

- All of the Time
- Most of the Time
- Some of the Time
- None of the Time

d. did you have a chance to ask questions about topics or issues that came up in the program?

- All of the Time
- Most of the Time
- Some of the Time
- None of the Time

e. did you feel respected as a person?

- All of the Time
- Most of the Time
- Some of the Time
- None of the Time

I Decide For Me

6th Grade

EXIT Survey Questions

To protect your identity, but to match your answers from the pre to the post survey, you will be creating an anonymous code that only you will know. Your individual answers will be kept confidential.

Anonymous code

Please select the **first letter** of your first name. (If your name is John Robert Smith, you would select **J**.)

Please select the **last letter** of your last name. (If your name is John Robert **Smith**, you would select **H**.)

Please select the **first letter** of your mother's or stepmother's first name. (If your mother's name is **Martha**, you would select **M**.)

Please select the month you were born.

- **January**
- **February**
- **March**
- **April**
- **May**
- **June**
- **July**
- **August**
- **September**
- **October**
- **November**
- **December**

Word Definitions

1. Sexual Activity

Sexual activity is the voluntary action which involves any part of one person's body touching or coming into contact with the private areas of another person's body. Private areas are areas of the body covered by a bathing suit.

2. Sexual Abstinence

Sexual abstinence is controlling the timing of sexual activity and choosing to save all sexual activity until marriage.

1. I personally feel I have great value.

- **Strongly Disagree**
- **Disagree**
- **Not Sure**
- **Agree**
- **Strongly Agree**

2. I feel I deserve to be protected and respected.

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

3. I have committed to setting healthy emotional boundaries.

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

4. I have set healthy social boundaries for my relationships.

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

5. I feel viewing pornography is harmless.

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

6. I have set a boundary to avoid viewing pornography.

- Strongly Disagree
- Disagree
- Not Sure
- Agree

- Strongly Agree

7. I have set boundaries to not share private information on the internet/social media.

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

8. I am firmly committed to not using illegal drugs.

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

9. I am firmly committed to not using alcohol.

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

10. I feel it is important to talk to parents or a trusted adult about puberty and sex.

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

11. I have identified a trusted adult I can 'go-to' to discuss important things in my life.

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

12. The media is a trusted source of information about sexual activity.

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

13. Sexual activity before marriage affects the whole person in every area (emotionally, socially, mentally, physically and ethically) in an unhealthy way.

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

14. I believe waiting until marriage to have sexual activity is the healthiest choice.

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

15. I understand the choices I make now will affect my future.

- Strongly Disagree
- Disagree
- Not Sure

- Agree
- Strongly Agree

16. I lack the confidence to tell someone that I don't want to have any sexual activity with him/her.

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

17. I have set a boundary to wait until marriage to have sexual activity.

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

18. I believe practicing self-control NOW will help me become a healthy adult.

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

19. By practicing self-control, I plan to save sexual activity until marriage.

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

20. I lack self-control at this time in my life.

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

21. Sexual activity can be positive and healthy when I am married.

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

22. I think if I took illegal drugs just one time; it would NOT harm my life.

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

23. I believe I can have a healthy and happy marriage in the future.

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

24. My choices affect every area of my whole person.

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

25. For each of the items below, please mark how true each statement is of you.

a. I understand what makes a relationship healthy

- Not true at all
- Somewhat true of me
- Very true of me

b. I would be able to resist or say no to someone if they pressured me to participate in acts, such as kissing, touching private parts, or sex

- Not true at all
- Somewhat true of me
- Very true of me

c. I would talk to a trusted person/adult (for example, a family member, teacher, counselor, coach, etc.) if someone makes me uncomfortable, hurts me, or pressures me to do things I don't want to do

- Not true at all
- Somewhat true of me
- Very true of me

26. What parts of the presentation were most helpful to you?

0 of 7000 characters

27. How will you apply this information to your life?

0 of 7000 characters

Thank you for participating in this survey!