

# SEXUAL RISK AVOIDANCE EDUCATION PROGRAM (SRAE)

## Participant Entry Survey High School and Older

Thank you for your help with this important study. This survey includes questions about your family, friends, school, and also your attitudes and behaviors. Your name will not be on the survey and your responses will remain private to the extent permitted by law. We want you to know that:

1. Your participation in this survey is voluntary.
2. We hope that you will answer all of the questions, but you may skip any questions you do not wish to answer.
3. The answers you give will be kept private to the extent permitted by law.

### General Instructions

PLEASE READ EACH QUESTION CAREFULLY: There are different ways to answer the questions in this survey. It is important that you follow the instructions when answering each kind of question.

Please answer the following questions as best you can. This first set of questions are about you.

#### 1. How old are you?

- 10
- 11
- 12
- 13
- 14
- 15
- 16
- 17
- 18
- 19
- 20

**2. What grade are you in? (If you are currently on vacation or in summer school, indicate the grade you will be in when you go back to school.)**

- 9th
- 10th
- 11th
- 12th
- My school does not assign grade levels
- I dropped out of school, and I am not working on getting a high school diploma or GED
- I am working toward a GED
- I have a high school diploma or GED but I am NOT currently enrolled in college or technical school
- I have a high school diploma or GED and I AM currently enrolled in college or technical school

**3. When you are at home or with your family, what language or languages do you usually speak? MARK ALL THAT APPLY**

- English
- Spanish
- Other (please specify)

**4. Are you Hispanic or Latino?**

- Yes
- No

**5. What is your race? MARK ALL THAT APPLY**

- American Indian or Alaska Native
- Asian
- Black or African American
- Native Hawaiian or Other Pacific Islander
- White or Caucasian
- Other (please specify)

**6. What is your sex?**

- Male
- Female

### 7. Are you currently...? MARK ALL THAT APPLY

- Living with family [parent(s), guardian, grandparents, or other relatives]
- In foster care, living with a family
- In foster care, living in a group home
- Couch surfing or moving from home to home
- Living outside, in a tent city or homeless camp, in a car, in an abandoned vehicle or in an abandoned building
- Staying in an emergency shelter or transitional living program
- Staying in a hotel or motel
- In juvenile detention center, juvenile group home, and/or under the supervision of a probation officer
- None of the above

The next questions ask about alcohol, tobacco, and other substance use. Remember, all of your responses will be kept private.

### 8. In the past three months, have you...

a. drunk alcohol (more than a few sips, including beer, wine, and liquor)?

- Yes
- No

b. smoked cigarettes or cigar products (cigars, cigarillos, or little cigars)?

- Yes
- No

c. used other tobacco products (such as chewing tobacco, snuff, dip, or snus)?

- Yes
- No

**d. used electronic vapor products (such as JUUL, Vuse, MarkTen, and blu)? (electronic vapor products include e-cigarettes, vapes, vape pens, e-cigars, hookahs, hookah pens, and mods)**

- Yes
- No

**e. used marijuana (also called pot, weed, or cannabis)?**

- Yes
- No

**f. taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it?**

- Yes
- No

**9. In the past three months, how often would you say you...**

**a. resisted or said no to peer pressure?**

- All of the Time
- Most of the Time
- Some of the Time
- None of the Time

**b. managed your emotions in healthy ways (for example, ways that are not hurtful to you or others)?**

- All of the Time
- Most of the Time
- Some of the Time
- None of the Time

**c. thought about the consequences before making a decision?**

- All of the Time
- Most of the Time
- Some of the Time

- None of the Time

**d. talked with my parent, guardian, or caregiver about sex?**

- All of the Time
- Most of the Time
- Some of the Time
- None of the Time

**10. For each of the items below, please mark how true each statement is of you.**

**a. I make plans to reach my goals**

- Not true at all
- Somewhat true of me
- Very true of me

**b. I care about doing well in school**

- Not true at all
- Somewhat true of me
- Very true of me

**c. I save money to get things I want**

- Not true at all
- Somewhat true of me
- Very true of me

**d. I would speak up or ask for help if I am being bullied in person or online, via text, while gaming, or through other social media**

- Not true at all
- Somewhat true of me
- Very true of me

**e. I would speak up or ask for help if others are being bullied in person or online, via text, while gaming, or through other social media**

- Not true at all
- Somewhat true of me
- Very true of me

**11. The next few questions are about relationships and dating. Please answer the questions below even if you are not currently dating or going out with someone.**

**For each of the items below, please mark how true each statement is of you.**

**a. I understand what makes a relationship healthy**

- Not true at all
- Somewhat true of me
- Very true of me

**b. I would be able to resist or say no to someone if they pressured me to participate in sexual acts, such as kissing, touching private parts, or sex**

- Not true at all
- Somewhat true of me
- Very true of me

**c. I would talk to a trusted person/adult (for example, a family member, teacher, counselor, coach, etc.) if someone makes me uncomfortable, hurts me, or pressures me to do things I don't want to do**

- Not true at all
- Somewhat true of me
- Very true of me

**12. For each of the items below, please mark how true each statement is of you.**

**a. I plan to delay having sexual intercourse until I graduate high school or receive my GED**

- Not true at all
- Somewhat true of me

- Very true of me

**b. I plan to delay having sexual intercourse until I graduate college or complete another education or training program**

- Not true at all
- Somewhat true of me
- Very true of me

**c. I plan to delay having sexual intercourse until I am married**

- Not true at all
- Somewhat true of me
- Very true of me

**d. I plan to be married before I have a child**

- Not true at all
- Somewhat true of me
- Very true of me

**e. I plan to have a steady full-time job before I get married**

- Not true at all
- Somewhat true of me
- Very true of me

**f. I plan to have a steady full-time job before I have a child**

- Not true at all
- Somewhat true of me
- Very true of me

**The next questions ask about some personal behaviors, including sexual intercourse and pregnancy. Remember, all of your responses will be kept private.**

**13. Have you ever had sexual intercourse?**

- Yes

- No

**14. To the best of your knowledge, have you ever been pregnant or gotten someone else pregnant?**

- Yes
- No
- Not Sure

**15. Have you ever been told by a doctor or other medical provider that you had a sexually transmitted infection (STI)?**

- Yes
- No

**I Decide For Me**

**High School**

**ENTRY Survey Questions**

To protect your identity, but to match your answers from the pre to the post survey, you will be creating an anonymous code that only you will know. Your individual answers will be kept confidential.

**Anonymous code**

Please select the **first letter** of your first name. (If your name is **John Robert Smith**, you would select **J**.)



Please select the **last letter** of your last name. (If your name is John Robert Smith, you would select **H**.)

Please select the **first letter** of your mother's or stepmother's first name. (If your mother's name is **Martha**, you would select **M**.)

Please select the month you were born.

- January
- February
- March
- April
- May
- June

- July
- August
- September
- October
- November
- December

## Word Definitions

### 1. Sexual Activity

Sexual Activity or 'having sex' refers to WILLINGLY participating in sexual intercourse, oral sex, anal sex, and/or any type of genital contact or stimulation between two persons.

### 2. Sexual Abstinence

Sexual Abstinence or 'being abstinent' is choosing NOT to have sex or engage in sexual activity.

#### 1. I personally feel I have great value.

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

#### 2. I feel I deserve to be protected and respected.

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

#### 3. I have committed to setting healthy emotional boundaries.

- Strongly Disagree
- Disagree
- Not Sure

- Agree
- Strongly Agree

**4. I have set healthy social boundaries for my relationships.**

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

**5. I feel viewing pornography is harmless.**

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

**6. I have set a boundary to avoid viewing pornography.**

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

**7. I have set boundaries to not share private information on the internet/social media.**

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

**8. I am firmly committed to not using illegal drugs.**

- Strongly Disagree

- Disagree
- Not Sure
- Agree
- Strongly Agree

**9. I am firmly committed to not using alcohol.**

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

**10. I feel it is important to talk to parents or a trusted adult about sex.**

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

**11. I have identified a trusted adult I can 'go-to' to discuss important things in my life.**

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

**12. The media is a trusted source of information about sexual activity.**

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

**13. Sexual activity before marriage effects the whole person in every area (emotionally, socially, mentally, physically and ethically) in an unhealthy way.**

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

**14. I believe waiting until marriage to have sexual activity is the healthiest choice.**

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

**15. I understand the choices I make now will affect my future.**

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

**16. I believe most teens my age are having sex.**

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

**17. At any time in your life have you ever voluntarily engaged in sex?**

- Yes
- No

**18. If you have had sex which of these are true about the first time you had sex?**

- I have never had sex
- I was physically forced to have sex against my will
- I was pressured to have sex although I didn't want to
- I wanted to have sex but later wished I hadn't
- I'm glad I had sex

**19. At any time in your life have you ever been forced into sexual activity?**

- Yes
- No

**20. When was the last time you voluntarily had sex?**

- I have never had sex
- Within the last month
- Within the last 2-3 months
- 4-5 months
- 6 months ago
- Longer than 6 months ago

**21. How likely is it that someone will want to have sex with you within the next year?**

- VERY likely
- Somewhat likely
- Not sure
- Somewhat Unlikely
- VERY Unlikely

**22. If someone did want you to have sex within the next year, what would you do?**

- I am certain I would do it
- I would probably do it
- I am not sure what I would do
- I am pretty sure I would NOT do it

- I am certain I would NOT do it

**23. How likely is it that you will have sex at any time before you get married?**

- VERY likely
- Somewhat likely
- Not sure
- Somewhat Unlikely
- VERY Unlikely

**24. Which of the following do you consider good reasons for teens to have sex?**

**a. Everyone else is doing it**

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

**b. Being afraid of losing your boyfriend or girlfriend if you don't have sex with them**

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

**c. Using a condom or other protection to prevent STDs and/or pregnancy**

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

**d. My dating partner has spent a lot of money on me, and gives me nice things**

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

**e. Been dating for a long time, it seems like the thing to do**

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

**25. I have set strong physical boundaries to avoid sexual activity until marriage.**

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

**26. Sexually active teens can choose secondary abstinence by remaining abstinent until marriage**

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

**27. If I have sex, even once, it can result in an STD/STI.**

- Strongly Disagree
- Disagree



- Not Sure
- Agree
- Strongly Agree

**28. If I have sex, even once, it can result in a pregnancy.**

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

**29. I believe romantic, loving relationships do not have to include sex.**

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

**30. I expect to be married someday.**

- Yes
- No

**31. My sexual choices now will NOT impact my future education and career.**

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

**32. My sexual choices now will NOT impact my future marriage (if I get married).**

- Strongly Disagree
- Disagree
- Not Sure

- Agree
- Strongly Agree

**33. Having sex before marriage is against my own personal standards of what is right and wrong.**

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

**34. I have made a strong commitment to avoid all sexual activity until I am married.**

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

**35. I have made a commitment to avoid unhealthy dating relationships.**

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

**36. I don't like to tell people "NO" because I want people to like me.**

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

**37. I believe I have the skills to tell someone I do not want to have sex with him/her.**

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

**38. If someone you liked wanted to have sex with you, how sure are you that you could:**

**a. Firmly tell them no**

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

**b. Explain your reasons for not having sex**

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

**c. Get away from a situation that would put you at risk**

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

**d. Stop seeing that person, or having any contact with them**

- Strongly Disagree
- Disagree
- Not Sure

- Agree
- Strongly Agree

**39. Which answer best describes your boundaries for expressing physical affection?**

- I am NOT comfortable expressing romantic physical affection
- My boundary for expressing physical affection is holding hands
- My boundary for expressing physical affection is kissing
- My boundary for expressing physical affection is intimate touching
- My boundary for expressing physical affection is oral sex
- My boundary for expressing physical affection is vaginal and/or anal sex

**40. I believe I am worth making healthy choices.**

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

**41. I believe I have the knowledge and skills to build healthy relationships.**

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

**42. I believe I can have a healthy and happy marriage in the future.**

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

**43. If I do not have sex in my teen years, I will be proud of myself.**

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

**44. Not having sex as a teen will help me focus on my education.**

- Strongly Disagree
- Disagree
- Not Sure
- Agree
- Strongly Agree

**45. Rate the effectiveness of each of the following:**

**a. Using condoms to prevent pregnancy.**

- Not at all Effective
- Not Too Effective
- Not Sure/Don't Know
- Somewhat Effective
- Very Effective

**b. Using condoms to prevent Sexually Transmitted Infections/Diseases (STIs/STDs).**

- Not at all Effective
- Not Too Effective
- Not Sure/Don't Know
- Somewhat Effective
- Very Effective

**c. Taking birth control pills to prevent pregnancy.**

- Not at all Effective
- Not Too Effective
- Not Sure/Don't Know

- Somewhat Effective
- Very Effective

**d. Taking birth control pills to prevent STIs/STDs.**

- Not at all Effective
- Not Too Effective
- Not Sure/Don't Know
- Somewhat Effective
- Very Effective

**e. Getting a birth control shot to prevent pregnancy.**

- Not at all Effective
- Not Too Effective
- Not Sure/Don't Know
- Somewhat Effective
- Very Effective

**f. Getting a birth control shot to prevent STIs/STDs.**

- Not at all Effective
- Not Too Effective
- Not Sure/Don't Know
- Somewhat Effective
- Very Effective

**g. Abstaining from sexual intercourse.**

- Not at all Effective
- Not Too Effective
- Not Sure/Don't Know
- Somewhat Effective
- Very Effective

**h. Abstaining from ALL sexual activity.**

- Not at all Effective
- Not Too Effective

- Not Sure/Don't Know
- Somewhat Effective
- Very Effective

**Thank you for participating in this survey!**