

Name \_\_\_\_\_

# Assertive Language

Complete an I-statement for each of the scenarios below.

Valorie recently chose secondary abstinence. Her friends find out that a guy she likes is now interested in Valorie. They say she should ditch her "new rules" or she'll risk losing her chance with this guy. What would you say?

I feel \_\_\_\_\_ when you \_\_\_\_\_

Please \_\_\_\_\_

Justine doesn't have very good WIFI at her house, so she likes to go to Tammy's after school to do homework and catch up on her social media. While there, Justine finds out that Tammy has been viewing porn, and she keeps trying to show it to Justine even though she is uncomfortable. What would you say?

I feel \_\_\_\_\_ when you \_\_\_\_\_

Please \_\_\_\_\_

Nathan's brother Henry just came home from his college break. While helping him carry his stuff to his room, Nathan finds drugs that fall out of Henry's bag. Henry tells Nathan that he can try them for himself if he won't tell their parents. What would you say?

I feel \_\_\_\_\_ when you \_\_\_\_\_

Please \_\_\_\_\_

Janice and Jude have been friends for years and finally started dating. One day when greeting Janice, Jude gave a longer hug than usual and rubbed her back. At first she liked this, but he has started touching her in more personal areas and she is feeling a bit violated. She doesn't know how to stop it without offending Jude. What would you say?

I feel \_\_\_\_\_ when you \_\_\_\_\_

Please \_\_\_\_\_

Go-To Adult Signature \_\_\_\_\_

