1. Anzilotti, A. W. (Ed.). (2023a, January). *Puberty basics (for teens) - nemours kidshealth*. KidsHealth. https://kidshealth.org/en/teens/puberty.html
2. Anzilotti, A. W. (Ed.). (n.d.-b). *Hygiene Basics (for teens) - print version - nemours kidshealth*. KidsHealth. https://kidshealth.org/en/teens/hygiene-basics.prt-en.html
3. Anzilotti, A. W. (Ed.). (2023, January). *Your teeth (for kids) - nemours kidshealth*. KidsHealth. https://kidshealth.org/en/kids/teeth.html?ref=search
4. Pitone, M. L. (Ed.). (2021, January). *Why is my voice changing? (for teens) - nemours kidshealth*. KidsHealth. Retrieved March 9, 2023, from https://kidshealth.org/en/teens/voice-changing.html#:~:text=At%20puberty%2C%20guys'%20bodies%20begin,the%20voice%20box%2C%20grows%20bigger
5. Anzilotti, A. W. (Ed.). (2022, May). *Understanding puberty (for parents) - nemours kidshealth*. KidsHealth. Retrieved March 9, 2023, from https://kidshealth.org/en/parents/understanding-puberty.html#:~:text=Most%20females%20will%20start%20puberty,the%20body%20what%20to%20do
6. Hirsch, L. (Ed.). (2019, June). *Female Reproductive System (for teens) - nemours kidshealth*. KidsHealth. Retrieved March 9, 2023, from https://kidshealth.org/en/teens/female-repro.html
7. Anzilotti, A. W. (Ed.). (2022, May). *Understanding puberty (for parents) - nemours kidshealth*. KidsHealth. Retrieved March 9, 2023, from https://kidshealth.org/en/parents/understanding-puberty.html#:~:text=Most%20females%20will%20start%20puberty,the%20body%20what%20to%20do
8. LeWine, H. E. (Ed.). (2023, June 22). *Testosterone - what it does and doesn't do*. Harvard Health. https://www.health.harvard.edu/staying-healthy/testosterone--what-it-does-and-doesnt-do
9. Pitone, M. L. L. (Ed.). (2021, January). *Why is my voice changing? (for teens) - nemours kidshealth*. KidsHealth. https://kidshealth.org/en/teens/voice-changing.html#:~:text=At%20puberty%2C%20guys'%20bodies%20begin,the%20voice%20box%2C%20grows%20bigger
10. Anzilotti, A. W. (Ed.). (n.d.). *Boys and puberty (for kids) - nemours kidshealth*. KidsHealth. https://kidshealth.org/en/kids/boys-puberty.html
11. Hirsch, L. (Ed.). (2019, July). *Male reproductive system (for teens) - nemours kidshealth*. KidsHealth. Retrieved March 9, 2023, from https://kidshealth.org/en/teens/male-repro.html

12. Anzilotti, A. W. (Ed.). (2022, May). *Understanding puberty (for parents) - nemours kidshealth*. KidsHealth. Retrieved March 9, 2023, from https://kidshealth.org/en/parents/understanding-puberty.html#:~:text=Most%20females%20will%20start%20puberty,the%20body%20what%20to%20do
13. professional, C. C. medical. (n.d.). Vagina: Anatomy, function, conditions & what's normal. Cleveland Clinic. https://my.clevelandclinic.org/health/body/22469-vagina
14. professional, C. C. medical. (n.d.-a). Uterus: Anatomy, function, size, position & conditions. Cleveland Clinic. https://my.clevelandclinic.org/health/body/22467-uterus
15. professional, C. C. medical. (n.d.-a). Ovaries: Anatomy, function, Hormones & Conditions. Cleveland Clinic. https://my.clevelandclinic.org/health/body/22999-ovaries
16. professional, C. C. medical. (n.d.-b). Testicles (testes): Location, anatomy, Function & Conditions. Cleveland Clinic. https://my.clevelandclinic.org/health/body/23964-testicles
17. professional, C. C. medical. (n.d.-a). Conception: Fertilization, Process & When it happens. Cleveland Clinic. https://my.clevelandclinic.org/health/articles/11585-conception
18. professional, C. C. medical. (n.d.-b). Male reproductive system. Cleveland Clinic. https://my.clevelandclinic.org/health/body/9117-male-reproductive-system
19. Centers for Disease Control and Prevention. (2020, August 20). *YRBSS Overview*. Centers for Disease Control and Prevention. Retrieved March 9, 2023, from https://www.cdc.gov/healthyyouth/data/yrbs/overview.htm#print
20. Ascend. (2024, September 19). *Universal Standards for Optimal Sexual Development*. https://weascend.org/resource/k-12-standards-for-optimal-sexual-development/
21. *Abstinence education*. A&M Resources | ABSTINENCE & MARRIAGE EDUCATION RESOURCES. (n.d.). Retrieved September 9, 2022, from http://www.amresources.org/abstinence-education/
22. RAINN. (n.d.). *Child sexual abuse*. RAINN. https://www.rainn.org/articles/child-sexual-abuse
23. Centers for Disease Control and Prevention. (n.d.). About child sexual abuse. Centers for Disease Control and Prevention. https://www.cdc.gov/child-abuse-neglect/about/about-child-sexual-abuse.html#cdc_behavioral_basics_quick-quick-facts-and-stats